

periodontics and implantology

How To Take Your Medications

The following information has been prepared to help answer questions you may have regarding your medications. PLEASE read instructions carefully. If you have any other questions after reading this, please do not hesitate to contact our office. Our telephone is always attended. The phone number is (302) 652-3586. Please follow phone instructions if after hours.

The medications you have been given and or prescribed will be circled.

Antibiotic:

- <u>Amoxicillin</u>- Take as directed on prescription bottle from pharmacy.
- <u>Clindamycin-</u> Take as directed on prescription bottle from pharmacy
- Other_____

Anti-inflammatory: (some swelling is to be expected after procedure possibly up to 4 days)

- <u>Dexamethasone</u>-(blue tablets in small envelope) given at the time of the procedure, instructions are on the envelope OR GIVEN SEPARATELY AFTER PROCEDURE
- <u>Medrol Dose Pak-</u> FOLLOW INSTRUCTIONS ON PACKAGE OR AS INSTRUCTED AT TIME OF SURGERY
- Other_____

Medications for discomfort:

Mild to moderate discomfort is to be expected following most periodontal and implant surgical procedures. The first dose of prescribed pain medication should be taken as soon as possible after the surgical procedure, prior to the anesthetic wearing off.

- <u>PRESCRIPTION MOTRIN -** AT MINIMUM PLEASE TAKE 1 PILL 4 TIMES A DAY THE FIRST</u> <u>AND SECOND DAY FOLLOWING PROCEDURE AND 1 PILL 3 TIMES A DAY FOR NEXT THREE</u> <u>DAYS....THIS WILL HELP WITH SWELLING IN ADDITION TO DISCOMFORT (This is the best</u> <u>technique to eliminate any pain / discomfort)</u>
- <u>Narcotic IF PRESCRIBED TAKE AS INSTRUCTED</u>
- Other_

Rinses: Start rinsing 24 hours after your procedure. The purpose of rinsing is to remove food particles, prevent bad breath, and to make your mouth feel cleaner and more comfortable. The following are examples of what products may be used

- * <u>SALT WATER –</u> DISSOLVE ½ TEASPOON SALT IN 8 OZ. OF WARM WATER. RINSE AFTER MEALS AND AT BEDTIME FOR A MINIMUM OF 5 TO 7 DAYS, LONGER IF YOU FEEL THE NEED
- Periogard /Peridex- (Prescription rinse) 16 oz. Bottle. ONLY IF PRESCRIBED OR GIVEN IN OFFICE No eating or drinking for one hour after using. Follow directions on the bottle.